

Give in Lent

Help support your food bank this Lent

In the six weeks of Lent, the food bank will provide emergency food parcels for local individuals and families facing hardship.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

Tinned meat/fish

Tinned veg/fruit

Cooking sauces

Coffee/Tea

Milk/Fruit Juice (Long-life)

Rice pudding/Custard

Vegetarian meals

Deodorant

Shampoo/Shower gel

Washing-up liquid

slough.foodbank.org.uk

