

November Wish List

FOOD

Meat (Tinned)

Rice

Pasta Sauces (Long-life)

Soups (Tinned)

Cereals

Fruit juice (Long-life)

Milk (Long-life)

Coffee / Tea

Fruit (Tinned)

Tuna (Tinned)

Vegetarian Meals (Tinned)

Vegetables (Tinned)

Rice Pudding / Custard (Long-life)

Instant Mash

Chapati Flour 2kg (maximum size)

Oil 1 litre (maximum size)

Lentils

Jam

Biscuits

TOILETRIES & BASIC ITEMS

Deodorants

Sanitary pads

Toilet rolls

Washing up liquid

Shampoo

Shaving foam/gel

Laundry Capsules

Nappies size 7 & 8

Strong carrier bags

Buy Online:

We have created a [wish list with Common Good](https://www.forcommongood.co.uk/apps/giftregistry/registry/128413?rsid=1)
(<https://www.forcommongood.co.uk/apps/giftregistry/registry/128413?rsid=1>)

Support us financially:

if you would like to make a financial donation please visit: <https://slough.foodbank.org.uk/give-help-2/donate-money/>